

Global Context of Food Safety

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- Food fraud is about deliberate adulteration of food to deceive consumers. Food fraud may not have food safety implications.
- Food security is about ensuring a plentiful supply of safe food - energy and nutritional needs must be met.
- Food safety is about ensuring that food is free from microbiological or chemical contaminants residues that might cause harm to human health.

First, some definitions...







Recognized areas of food safety

- Pathogenic microrganisms
 - Salmonella, E-coli, Listeria, etc.
- Chemical residues & contaminants
 - Pesticides, vet drugs, mycotoxins, dioxins, melamine, etc.
- Radioactivity
 - Gamma, Beta, Alpha
- Physical
 - Glass, bone, metals, etc.





The global market drives food testing

- Consumer demand for imported seasonal products to be available all year-round.
- Consumer demand for processed food that is ready-to-eat and high in quality but low in cost.
- In developed countries food is sourced globally and international trade in food is substantial.
- A long food chain makes tracking and control over safety and quality of raw materials difficult to maintain **reliable analysis is critical**.





The many roles of authorities in the food chain

- Feed people safely and grow economies (Agriculture Dept)
- Assess and manage food risks (Food and Drug Administrations, Health Dept)
- Manage trade (Commerce Dept)
- Set food safety standards, such as MLs, MRLs, and standardize validated testing methods.
- Work with food producers, IGOs (eg. Codex Alimentarius, OIE), industry associations (eg. GMA, AOAC), technology providers, and other governments to improve the global food safety.





Risk Managers balance <u>protection of human health</u> with f<u>acilitating</u> <u>trade</u> by establishing standards & putting them into food law.

You cannot test your way to food safety!

Focus on Prevention

- Good Agricultural Practices (GAP)
- Hazard Analysis & Critical Control Point (HACCP) Plans
- One up/one down verification of suppliers/customers in the food chain.
- Industry Standards (ISO 22000, GFSI, etc)
- Quality Certification Programs (SQF, NSF, etc)

But be prepared to test reliably

- Laboratories need to be able to produce reliable results
 - Quality Assurance
 - Fit-for-Purpose Analytical Methods
 - Sampling, Data Analysis, and Data Interpretation

Turn-Around Time for results is critical!





The structure of food trade standards



- Codex Alimentarius Commission (CAC) provides the standards.
- These standards are accepted by the SPS and TBT Agreements of the WTO.
- Countries use these standards to conduct trade and solve trade disputes.

Codex plays a critical role

- Codex standards are considered scientifically justified and are accepted as the benchmarks against which national measures and regulations are evaluated.
- APEC has drafted a Mutual Recognition Arrangement on Conformity Assessment of Foods and Food Products. This calls for consistency with the requirements of the SPS and TBT Agreements and Codex standards.
- Codex has adopted protocol standards for
 - (a) Proficiency Testing of Labs,
 - (b) Design, Conduct and Interpretation of Method Performance Studies and
 - (c) Internal QC in Analytical Labs.
- Codex has established guidelines for
 - (a) Use of mass spectrometry,
 - (b) Settling disputes over analytical test results,
 - (c) Performance criteria and validation of methods, and
 - (d) Measurement uncertainty.



Important government entities in food trade

- China
 - General Administration of Quality Supervision, Inspection and Quarantine (AQSIQ): import and export
 - State Food and Drug Administration (FDA): domestic
- Japan
 - Ministry of Health Labor and Welfare (MHLW)
 - Ministry of Agriculture, Forestry and Fisheries (MAFF)
- USA
 - United States Department of Agriculture (USDA): meat, poultry and eggs
 - Food and Drug Administration (FDA): all other foods
 - Environmental Protection Agency (EPA): drinking water
- EU
 - EFSA: risk assessment (forms opinions)
 - DG SANCO: risk management (uses EFSA's opinions)
 - National food safety agencies, eg. BfR in Germany

These entities have their own food testing protocols, trade agreements, MOUs, or they rely on WTO/Codex

Types of food testing labs

- In-House Industry Laboratory
 - Food Producers/Processors
 - Due diligence
- Government Laboratory
 - State Institute, National Reference Lab
 - For public health/consumer protection
- Contract Testing Laboratory
 - Independent testing laboratory
 - Offers services as a business
- University Laboratory
 - Conducts research







Food is a complex matrix for analysis



There are often different <u>testing methods</u> for different <u>contaminants</u> and for different <u>foods (matrices)</u>: So standards are critical!

Accreditation ensures mutual recognition

- 20% implementation cost & 10% maintenance cost (ISO/IEC 17025:2005)
- Need to ensure accreditation is 'fit-for-purpose' NOT excessive -processes and procedures MUST be the minimum to satisfy assessors
- Need to maintain flexibility in operating laboratory



Accreditation adds to costs.



Method validation ensures mutual recognition

- In-house validation ca. 15 days
 Cost: depends on matrix, analyte and techniques
- Interlaboratory validation- ca. 365 days
 Cost: depends on matrix, analyte and techniques

Characteristics	Government	Contract	University
Using only validated methods	$\sqrt{\sqrt{\sqrt{1}}}$	$\sqrt{\sqrt{\sqrt{1}}}$	\checkmark
Accreditation to 17025	$\sqrt{\sqrt{\sqrt{1}}}$	$\sqrt{\sqrt{\sqrt{1}}}$	
Good performance in proficiency testing	$\sqrt{\sqrt{\sqrt{1}}}$	$\sqrt{\sqrt{\sqrt{1}}}$	\checkmark
Reporting results on time – speed		$\sqrt{}$	\checkmark
Competitive price	\checkmark	$\sqrt{\sqrt{\sqrt{1}}}$	
Innovation	$\sqrt{}$		$\sqrt{\sqrt{\sqrt{1}}}$

Method validation is slow and expensive but essential.

Critical elements to enhance lab capacity

- Trained laboratory personnel
 - Laboratory techniques (sample preparation, enrichment, and analysis)
- Access to Fit-for-Purpose methods
 - Existing (AOAC, ISO, etc)
 - Develop new ones (Single Lab Validation, Multi-Lab Validation)
- Suitable analytical technology
 - Able to reach limits of detection
 - Targeted or non-targeted analyses
- Lab management tools
 - Lab Information Management Systems (LIMS)
- QA procedures
 - Method QA (% recoveries, Limits of Detection, Limits of Quantitation, Accuracy)
 - Quality standards (Sigma Aldrich, NIST, FAPAS, etc)

QA procedures - ISO/IEC 17025

- Main quality standard internationally used by testing laboratories
- 2nd release 2005 aligned with ISO 9001
- Goal for the laboratory
 - Implement a quality system aimed to consistently produce valid results
 - Basis for accreditation from an Accreditation Body
- Comprises five elements
 - Scope, Normative References, Terms and Definitions, Management Requirements and Technical Requirements
- Task of implementing a Quality Management System
 - Key: Responsibilities, SOPs, quality control

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SOP Standard Operating Procedure



Quality Control Chart



Case Study Pesticides Analysis

- International Regulations apply
 - Codex Alimentarius
 - collection of internationally recognized standards, codes of practice, guidelines and other recommendations relating to foods, food production and food safety (1963 FAO, UN, WHO)
 - recognized by the WTO as an international reference point for the resolution of disputes concerning food safety and consumer protection
 - Japan Ministry of Health, Labour and Welfare (MHLW): Positive list system
 - EU Pesticides Framework Directive 2009/128/EC
 - US FDA FFDCA Section 402(a)(1) (Federal Food, Drug,and Cosmetic Act)





Case Study Pesticides – Recommended Lab Setup

- Extraction and Clean-up
 - QuEChERS procedure for low fat food
 - DIN EN 12393-1-3 method using SEC (gel chrom.)
- Analysis
 - GC-ECD/NPD (requires 2 columns for confirmation)
 - GC-MS (for clean extracts, low matrix)
 - GC-MS/MS
 - LC-MS/MS
- Quality Control
 - External standard calibration
 - Confirmation approach (2 RTs, confirming ions)
 - QC check sample with each batch
- Reporting
 - Found and not-found compounds
 - CDS processing and LIMS administration



QuEChERS Sample Prep Procedure



GC-MS Laboratory



Summary

- Governments need to trade.
- They need to assure each other of safe food.
- Prevention is critical, but testing is also necessary.
- Food is chemically complex and requires robust testing procedures and trained personnel.
- Countries must recognize laboratory and testing protocols.
- They use their agencies and IGOs for standard protocols.
- Labs must provide reliable results.

Thermo Fisher Scientific: Products for Food Testing



We are an important part of the food testing community!

